

Family caregiving is provided by hundreds of thousands of individuals who care for their loved ones. At times, caregiving can be overwhelming, but it doesn't have to be experienced alone. The **Family Caregiver Support Program** is available to provide services and support that can lighten your burden.

Call us at **1-800-510-2020** or visit our web site at <http://hss.sbcounty.gov/DAAS>



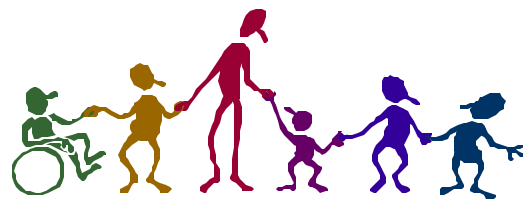
County of San Bernardino
Aging and Adult Services
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County of San Bernardino
Aging and Adult Services

***FAMILY CAREGIVER SUPPORT
PROGRAM***

*Provides services that specifically
meet the needs of family caregivers.*

The Family Caregiver Support Program was authorized as a new program under the Older Americans Act Amendments of 2000. It is designed to help individuals who are challenged in caring for their older loved ones that are ill or have disabilities. The Program also recognizes the needs of grandparents who are caregivers of grandchildren, and other older individuals who are relative caregivers of children who are eighteen and under.



ELIGIBILITY

A family member or another individual (18 or older) that is providing for an older person (**60 or older**) who is functionally impaired or requires substantial supervision due to cognitive or other mental impairment. **OR**

A grandparent or step-grandparent or another relative by blood or marriage (**60 or older**) who lives with the child (18 or younger), is the primary caregiver because the parents are unable or unwilling, has legal custody or guardianship or is informally raising the child.

FAMILY CAREGIVER SERVICES

Aging and Adult Services provides **direct services** including outreach, information and assistance, community education, and comprehensive assessment. **Contracted services** include case management, transportation, assisted transportation, counseling, caregiver support group, caregiver training, respite and supplemental services (minor home modification, placement, homemaker, chore, home security & safety, assistive devices, visiting, home-delivered meals, legal assistance).

PROVISION OF SERVICES

Family caregivers are able to receive program information and apply for services by calling **Senior Information & Assistance** at **1-800-510-2020**. Family caregivers may also access the **Aging & Adult Services Internet Web Site** – explained below – and apply for services by following easy on-line instructions. Senior Information & Assistance also makes referrals for caregiver services to other programs, as well as organizations and agencies that can provide assistance in areas outside of the department's jurisdiction. SIA staff is located at offices in Barstow, Big River, Fontana, Morongo Basin/Yucca Valley, Ontario, Redlands, San Bernardino, and Victorville.

AGING & ADULT SERVICES WEB SITE

Computer Internet access enables family caregivers to complete an on-line application, receive immediate notification about their eligibility for services, and email their entry sheet to department staff who will contact them about services. Access the department web site at <http://hss.sbcounty.gov/DAAS/>, click on the **Family Caregiver Support Program** button, and follow on-line instructions.